

Expansions

Glossary of Terms

By

Stewart A. Swerdlow

&

Janet Diane Mourglia-Swerdlow

A

Activation: When a program is brought to full function.

Affirmation: A statement that defines a course of action, or a state of inner being; repeating words many times by thinking, speaking, or writing it to bring new avenues of action into your conscious mind.

Aura: Your personal energy field.

Alien: A physical being from another planet.

Alter: Section or compartmentalized personality within a programming matrix.

Androgynous: Male and female combined without sexual distinction.

Archetype: Symbol or glyph from hyperspace or mind-patterns.

Astral Plane: The border zone between physical reality and hyperspace.

B

Bisexual: Sexuality desiring both males and females.

C

Center: Your center is aligned along your spine, providing a safe space from which to work; you pull yourself into it by willing yourself into it.

Ceremony: Gathering to celebrate or honor an entity or Illuminati holiday.

Chakra Band: Energy center of the body and encompassing area.

Chakras: Along the human spinal column there are main nerve bundles called ganglions, which are esoterically called "chakras", a word which means "wheels" in Sanskrit. They form along the "S" curve of the spine which looks like a snake. For this reason the chakra system is referred to as "Kundalini", the Sanskrit word for snake.

Collective Conscious Mind: The body of space that contains the accumulated known knowledge of humankind.

Collective Unconscious : The body of space that contains the accumulated thoughts of humankind; these established thought patterns directly affect what you move through today.

Conscious Mind: Contains your present.

Construct: Similar to a physical object created in the programming matrix to work with the alter in a specific function.

D

Deprogramming: Techniques to block and/or remove mind-control/programming.

Direct Awareness: To know by experiencing the knowledge.

DNA Sequences: This refers to the DNA sequences opening up in the body which is a form of Kundalini activation. DNA codes are the instructions that tell your body what to do and be. Some instructions you are running at birth. These dictate that you will have blue eyes, two legs, two arms, etc. Others activate later in life, such as health conditions, ability to play music, sing, etc.

E

Energy: A physical substance consisting of shape, weight, consistency, and color.

ELF: Extra low frequency generally related to microwaves for mind-control purposes; energy waves that influence body and mind.

ET (Extraterrestrial): Borderline physical/non-physical beings not bound to our reality.

F

Frequency: A rate of vibration that distinguishes one flow of energy from all other flows.

G

God-Mind: Neutral energy; All That Is.

Group-Mind: Formed when vibrations band together.

H

Habit Response: An established pattern of behavior that allows you to react to any given situation without thinking, whether physical or mental. It can be positive, negative, or neutral.

Horizontal Experience: Pulls you out into similar growth.

Hyperspace: A region of consciousness that exists outside of linear space and time.

I

Illuminati: Member or associate of one of the 13 ruling families on Earth.

Illusion: The way you perceive things to be.

K

Know by Knowing: To understand through direct awareness; to understand the feeling of an experience.

Knowledge: Information.

L

Language of Hyperspace: The Original Language that emanates from the Mind of God consisting of color, tone, and archetype (symbol).

Love: Neutral energy that emanates from God-Mind that does not discriminate.

Lyrae: Star system in the Milky Way Galaxy that is the origin point for all humans.

M

Macrocosm: God-Mind; All That Is; the larger picture of everything.

Matrix, Programming: The structure in the mind that facilitates mind-control; 13x13x13 which equals 2, 197 compartments.

Meditation: A process that moves you beyond words and connects you with silence, the level of feeling; the listening from which information is gathered; centered in the right-brain.

Microcosm: You; a world in miniature.

Mind-Pattern: Blueprint of a persons' thoughts.

N

Negative: Negative is not "bad", but merely a condition that exists; the opposite of positive, which explains another part of the same experience.

New World Religion: Global religion.

New World Order (NWO): Global government dictatorship being created by the Illuminati.

O

Objective Listening: Listening and evaluating without judgment or criticism.

Objective Observing: Watching and evaluating without judgment or criticism.

Oversoul: Neutral energy that comes out of God-Mind; your Oversoul is to you what your Earth parents are to your body. Your Oversoul is your point of origin out of God-Mind.

P

Pineal Gland: Organ at the center of the head.

Positive: Positive is not better than negative, but is merely a condition that exists; the opposite of negative, which explains another part of the same experience.

Prayer: Request that affects the results of meditation; centered in the left-brain.

Proactive Learning: Active learning; gathering knowledge before an experience occurs.

Psychic Energy: Your personal energy; it flows back and forth, and is horizontal.

R

Reactive Learning: Passive learning; gathering knowledge after an experience occurs.

Reality: The way things really are; it may vary considerably from your perception of the way you think things are.

Reptilian: A being with lizard-like characteristics from either the inner Earth or Draco star system; colonized Lemuria.

S

Shapeshifter: A person who physically changes from one species to another.

Silence: The deepest level of inner awareness; the level of feeling; you connect with your Oversoul and God-Mind within silence.

Simultaneous Existence: All lifelines occurring at the same moment in the Eternal Now.

Spirituality: A state of inner being.

Soul-Personality: Individual strand of an Oversoul.

Subconscious Mind: Contains your memories, moment by moment, lifeline by lifeline.

Sub-Personality: A group of similar emotions that becomes strong enough to develop its own consciousness; a sub-personality is not you, but it is a part of you.

Superconscious Mind: Provides the direct link to your Oversoul and God-Mind.

T

T-Bar: Archetype emanating from the pineal gland relating to balance.

Trigger: Sensory input that opens a program.

U

Universal Energy: Energy that is available to everyone; using it allows you to keep your psychic energy; it flows up and down, and is vertical.

Universal Law: Rules and regulations that pervade all creation; emanates from God-Mind.

V

Vertical Experience: Pulls you up into new growth.

Vibration: Frequency rate of an energy.

Vibratory Imprint: Accumulated feelings of like experiences; they cause you to react to your experiences of today through your accumulated feelings of yesterday.

Visualization: Creating a mental scenario that can be manifested either mentally or physically; centered at the pineal gland.

W

Wisdom: Knowledge applied.

Y

You: Individualized neutral energy.